

FITNESS REQUISITION



REV. 2020/08/11

PREFERRED LOCATION

EDMONTON

(PLEASE SELECT ONE)

Unit 107, 16028 –100 A Ave. Tel: 1-888-850-3665
Edmonton, AB T5P 0M1 Fax: 780-705-9983

NEW SPRUCE GROVE

Suite #212, 20 Westwind Dr. Tel: 1-888-850-3665
Spruce Grove, AB T7X 0Y5 Fax: 587-461-2227

PATIENT & APPOINTMENT INFORMATION

| | | | |
|---------|--------------------|---|--|
| Name | | Email | |
| Address | | | |
| City | Province | Postal Code | |
| Home # | Cell # | Work # | |
| DOB | Age | <input type="radio"/> Male <input type="radio"/> Female | Weight <input type="radio"/> lbs <input type="radio"/> kg Height <input type="radio"/> inch <input type="radio"/> cm |
| PHN # | WCB#/Accident Date | <input type="radio"/> LMP Date | <input type="radio"/> EDC Date |

APPT. DATE: _____ **TIME:** _____ **ARRIVE 15 MIN EARLY**

MSK (MUSCULOSKELETAL) ULTRASOUND

Includes X-ray & comparison views

| | | | |
|---|---|--|---|
| <input type="radio"/> Shoulder | <input type="radio"/> R <input type="radio"/> L | <input type="radio"/> Bakers Cyst | <input type="radio"/> R <input type="radio"/> L |
| <input type="radio"/> Arm/Biceps/Triceps | <input type="radio"/> R <input type="radio"/> L | <input type="radio"/> Ankle | <input type="radio"/> Anterior <input type="radio"/> Lateral <input type="radio"/> Medial |
| <input type="radio"/> Elbow/Forearm | <input type="radio"/> R <input type="radio"/> L | <input type="radio"/> Achilles | <input type="radio"/> R <input type="radio"/> L |
| <input type="radio"/> Hand <input type="radio"/> Dorsal <input type="radio"/> Palmer | <input type="radio"/> R <input type="radio"/> L | <input type="radio"/> Foot | <input type="radio"/> R <input type="radio"/> L |
| <input type="radio"/> Wrist <input type="radio"/> Dorsal <input type="radio"/> Palmer | <input type="radio"/> R <input type="radio"/> L | <input type="radio"/> Dorsal <input type="radio"/> Plantar Fascia <input type="radio"/> Morton's Neuroma | |
| <input type="radio"/> Fingers | <input type="radio"/> R <input type="radio"/> L | <input type="radio"/> Ganglion/Mass/Muscle Injury | <input type="radio"/> R <input type="radio"/> L |
| <input type="radio"/> Hip/Groin <input type="radio"/> Anterior <input type="radio"/> Posterior | <input type="radio"/> Lateral | <input type="radio"/> Synovitis (Joints) | <input type="radio"/> R <input type="radio"/> L |
| <input type="radio"/> Thigh | <input type="radio"/> R <input type="radio"/> L | <input type="radio"/> Other | |
| <input type="radio"/> Anterior <input type="radio"/> Posterior (Hamstring) <input type="radio"/> Medial/Adductors | | | |
| <input type="radio"/> Knee | <input type="radio"/> R <input type="radio"/> L | | |

EXAM PREPARATION

BONE MINERAL DENSITOMETRY

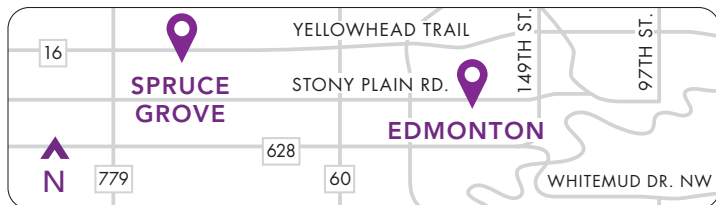
DO NOT take any VITAMINS, MINERALS, CALCIUM OR IRON for 2 days prior to and including the day of your exam. You may take them AFTER your exam. Please ensure to remove any metal or glass prior to the exam. If you have had a barium study, CT or nuclear scan recently, please let us know at the time of booking your appointment. Please note: if there is a chance that you are pregnant, the exam may not be possible.

COMPLETE BODY COMPOSITION SCANS (DEXA)

No jewelry should be worn. Prior to your scan, refrain from eating a heavy meal and taking supplements, drinking excessive fluids, or participating in vigorous exercise. Please note: if there is a chance that you are pregnant, the exam may not be possible.

PAIN MANAGEMENT

Standard exam is not possible if there is a chance you are pregnant but other options using ultrasound guidance may be considered by the Radiologist. Continue taking regular medications as prescribed by your doctor. If you are on blood thinners, your doctor may need to revise your prescription prior to your procedure. Avoid taking extra pain medications on the day of your exam to allow us to better assess your response to our treatment. If your doctor has prescribed a medication for us to inject during the treatment, please call us as we can likely provide it to you directly. We recommend for you to arrange transportation to and from our clinic as all procedures have the potential to affect your ability to operate a motor vehicle.



PHYSICIAN INFORMATION

Dr. Name _____
Clinic _____
Signature _____
Cell # _____
Fax # _____
CC _____
CC Fax # _____
PRAC ID _____

PAIN MANAGEMENT

Injection Site: R L BOTH
EXAMPLE: HIP, FEET, ETC.

Repeat Number of Injections:

Dr. Signature: _____

BONE DENSITOMETRY (MAX 325LBS)

- Patient's current and 3yr med history list is required (if not available on NetCare). Fax with requisition or have patient to bring in (*Med History is for BMD Only*)

Bone Densitometry

Lumbar & Thoracic Correlative X-Rays

Complete Body Comp. Scan (DEXA) Not covered by AHS

Repeat Number of Scans:

STAT REPORT OPTIONS

STAT Fax Report Fax # _____

STAT Verbal Report PH # _____

Send copy of X-ray with the patient _____

GLENWOOD RADIOLOGY

info@glenwoodradiology.com

EDMONTON

Unit 107, 16028 - 100 A Ave.
Edmonton, AB T5P 0M1
Tel: 780-705-9982 Fax: 780-705-9983

SPRUCE GROVE

Suite #212, 20 Westwind Dr.
Spruce Grove, AB T7X 0Y5
Tel: 587-461-2221 Fax: 587-461-2227