



Instructions For Your Appointment

- Bring your Requisition, your Provincial Health Care Card, and your Photo ID
- Check in 15 minutes before your appointment time
- We ask that patients attend appointments alone, unless in one of the following circumstances:
 - Attending an Obstetrical Appointment (1 Adult Allowed in the Exam Room)
 - Requires an attendant to assist with Mobility, Changing Instructions, and/or Communication/Language
 - Requires a Driver after a Pain Management Procedure affecting the ability to safely operate a vehicle

Book your appointment at glenwoodradiology.com

- Arrange necessary child care during your appointment time (our facility is not able to provide child care services)
 - For their safety, children cannot accompany patients for Radiation-based exams (ie. X-ray, Pain Management, BMD)
- Make reception aware of all patient requirements at the time of booking including but not limited to:
 - Language assistance (limited or no English spoken)
 - Hearing impairment
 - Is an assisted adult
 - Diabetic needs
 - Medical allergies (ie. adhesive, contrast dye)
 - Has a catheter
 - Is in or requires a wheelchair or any other equipment

Cancellation Policy

- For cancellation or re-booking we ask that you contact us at least 24 hours prior to your appointment
- To cancel or rebook, call 1-888-850-3665 or send an e-mail to info@glenwoodradiology.com
- Please note: if an appointment is not cancelled at least 24 hours in advance, you will be charged a twenty-five dollar (\$25) fee (this will not be covered by your insurance company)

Exam Preparation

Visit glenwoodradiology.com/prep for our latest exam preparation details

PAIN MANAGEMENT INJECTIONS

- ▲ **IMPORTANT:** if there is a chance that you are pregnant or are currently breastfeeding, the exam may not be possible. If pregnancy is suspected, other options using ultrasound guidance may be considered by the Radiologist. Please be aware that steroid injections may temporarily impact breast milk production.
- All procedures may affect your ability to safely operate a vehicle or heavy machinery due to temporary weakness or loss of balance. Glenwood Radiology advises arranging transportation to and from the exam with a responsible adult.
- Continue to take all regular medications as prescribed by your doctor. However, if possible, avoid taking pain medications on the day of your examination to facilitate an accurate assessment of your response to treatment.
- If you have diabetes, please note that steroid injections may temporarily affect your blood glucose levels. It is advisable to monitor your blood sugar more frequently and adjust your medication dosage as needed in consultation with your healthcare provider.
- If your doctor has prescribed a medication for us to inject, please call us as we can likely provide it to you directly.

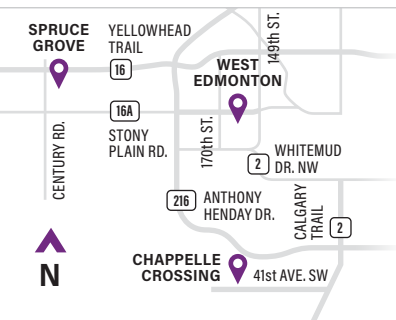
- In most cases, gowns are required to be worn to access the procedure site and maintain a sterile field. Otherwise, gowns are provided for your convenience and can limit accidental staining to your clothing by disinfectants.
- Once treatment is complete, a staff member will request that you remain in the waiting area for 10 minutes for a pain level reassessment.
- Please ensure that the bandage or dressing over the injection site is kept clean or dry to prevent infection afterwards.
- Refrain from heavy lifting or strenuous activities for at least 24 hours after your treatment, or as directed by your doctor. Physiotherapy and chiropractic appointments can be resumed 1 week after the procedure if feeling well enough.
- While serious complications are rare, they can occur. Mildly increased pain and discomfort for up to 48 hours post-procedure is normal. However, if you experience any adverse symptoms, such as signs of an allergic reaction, signs of an infection including fever/chills, worsening pain, new numbness or weakness in your limbs, or loss of bladder/bowel control, please consult your Referring Medical Practitioner, call 811 (Health Link), or proceed to an Urgent Care/Emergency Room in severe situations.
- You can eat and drink normally before the exam.

Procedures Requiring a Driver

The following procedures require a driver who can accompany you to and from your appointment at all times:

- Nerve Root Block
- Caudal Epidural Injection
- Interlaminar Epidural Injection
- MBB Procedure
- RFN Procedure
- Multiple Injections on the Same Day

- It is imperative that you are accompanied by an adult to and from your appointment at all times.
- Failure to adhere to these instructions will necessitate rescheduling your appointment.



Book your appointment online: glenwoodradiology.com

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